

Clinical note details

Health organisation	NORFOLK AND SUFFOLK NHS FOUNDATION TRUST	Template name	Notes from Professionals Meeting 22/04/2021
Speciality		On behalf of	
Service point		Reason for on behalf of	
Treatment function		Last modified on	30/04/2021 16:09

Preview of the Clinical note

Professionals' Meeting for Michael Burdette-Deakin RMY218641 22nd April 2021 at 11.30am via Microsoft Teams

Attended

Dr Camilo Zapata - Consultant Psychiatrist Adult, Bury North IDT (Chair)
Karen Webster – Senior Community Psychiatric Nurse, Bury North IDT
Dr Alan Kershaw – Specialty Doctor in General Psychiatry, Bury North IDT
Pete Sharples – ASB Officer, Flagship Housing
Nick Bunn – Manager, Flagship Housing
PC Lee Sampher – Mental Health Link Worker, Suffolk Police
Bea How – Clinical Support Administrator, Bury North IDT (Notes)

Apologies

Michelle Painter – NSFT Clinical Director
Eleanor Harvey – Mental Health Social Care Manager, Bury North IDT

Formal introductions and welcomes made.

Group discussion

Pete has had no contact with Michael since late 2019 but gave background to his contact with Michael which in turn has led to Court proceedings following threats against Pete. Michael is still a tenant of Flagship Housing, currently residing at Shrub House Close in Beck Row although Pete has heard that Michael wishes to move but not sure to where. Pete able to confirm there is an Injunction currently in place and further action is being taken as there have been multiple breaches to this Injunction.

Camilo and Karen met with Michael on 30/03/2021 at his home address and presented as someone who suffered a long childhood history of trauma, characterised at least by experiencing severe physical, psychological and emotional abuse, and witnessing the same, at the hands of his father. Michael also came across as having quite noticeable autistic spectrum features in keeping with high functioning Asperger's.

Michael wanted the appointment to take place in his kitchen where he appeared to have a very extensive CCTV system installed covering his house and garden and was happy to talk about how he had several pinhole cameras around the property, both inside and out. He also has computer system set on the work surface next to the kitchen and it was apparent that he spent a lot of time on the internet as he was again keen to display this to Camilo and Karen. It was clear that Michael is clearly very good with electronics as proved by the equipment in the house.

Michael has also been using cannabis in regular and large amounts for years, perhaps even decades, however, for the last few years he has been prescribed medical cannabis from a Psychiatrist at No.10 Harley Street. He showed Camilo and Karen a copy of an official letter dated November 2010 for a certain consultant, specifying that Michael was on medical cannabis with lots of caveats that he should inform his GP and/or specialist (not specified) of any problems. The letter does not say why he has been prescribed it and when Camilo enquired Michael became annoyed. He also wouldn't allow Camilo to take a copy. Lee / Pete / GP have a copy which will be provided to Camilo as he may consider contacting the clinic to see if they can desist from prescribing / make a report to the GMC.

It was also very difficult to get any information from Michael on his military background and Camilo expressed his doubt that he is ex-army and is not sure whether this is delusional or fantasy.

Camilo felt that Michael's risk of self-harm and suicide was currently low with no intent or planning. However, given his irritability generally when he encounters people who are trying to help him as well as his delusional and paranoid fixed beliefs about Pete, and his army training, Camilo would say that this man is potentially quite a risk to Pete in particular and anyone who tries to delve too much into his belief system generally.

Camilo was aware that Michael had a large staff about 4ft in length with a large heavy metal attachment at the top with some ornamental designs with sharp edges that could be used as a weapon and was near the front door and asked whether there was evidence that Michael was at any risk from his neighbours due to his behaviours and actions. Pete didn't think that anyone has threatened him, in fact he appears to be the 'big fish' in the Close.

Camilo's underlying impression is that Michael must be in control and when not, he puts his barriers up and gets very dismissive and angry. Michael gave a very detailed narrative of all his issues, starting initially talking in a lot of detail about a paraffin heater. This story was delivered for quite some time and when Camilo attempted to make other discussions, Michael then focussed on the issue he has with Flagship Housing and more specifically his relationship with Pete who he continues to be very derogatory about and make allegations which he feels he has supporting evidence for however, as far as professional are aware are unfounded and possible delusional in content. This all centres around a neighbour who was a sex worker (according to him) and that Pete is running a brothel. When Camilo interrupted a few times (when the narrative was getting quite detailed and specific) as to how he had formed these ideas Michael became annoyed and once again took full control of the narrative.

Following this appointment Michael posted several very derogatory comments re. Camilo and this is also something he has done against Pete in the past.

Pete explained that there is some element of truth in that there was a lady living in the close who was involved in trafficking which could be where the confusion stems. Michael had gone on to threaten to assassinate her. There is no evidence of Michael having a firearm, but is said to be weapons trained and he has in the past alluded to having access to firearms and therefore this remains a risk to be taken very seriously unless Police can satisfy that they have done a proper search and there are no weapons available to him.

Another lady resident who has PTSD due to a fire related incident was concerned as she witnessed Michael using a firepit in a communal area and smoking. In mid-2019 Pete had to get involved and this has been the cause of this journey. Another issue that Michael has with Pete is around being asked the question of PPU, which was something that Pete was asked to do but Michael has made this a main focus of his issue with Pete.

Michael was believed to be estranged from his mother and brother, but it has been made aware that he has been in contact with them and in fact went to stay with them which proved unsuccessful and he was asked to leave. It is believed that he is blamed for causing the death of a sibling but there is no evidence to support this.

Alan enquired whether Michael's aggressive behaviour is a way of distracting himself / others from his feelings of vulnerability. Lee commented that Michael has mentioned in the past that he is fearful of his life and feels he is being watched.

Lee stated that Michael is quite fixated that a conspiracy does exist and truly believes that the Police and Pete have been conspiring in a prostitute racket. Police had to get involved in the past when there were issues with a female tenant that Michael had been romantically involved with – CD who is known to BNIDT – but this relationship turned sour. Lee did have a talking relationship with Michael at the beginning of the year but as everyone else has experienced, once you don't agree with his view then Michael stops engaging, and you then become part of the conspiracy. Michael sent 22 email to the Police on Monday alone.

Nick confirmed that Flagship Housing have made the decision to take Michael back to Court due to the multiple breaches of the Injunction by way of his emails – amount / content / threats / malicious allegations. Flagship Housing feel that they have been lenient, but that Michael has now crossed the line. Flagship Housing have a duty to staff / customers to protect them. Flagship Housing looking to seek advice / knowledge from the Mental Health Team to see if they are missing something or if there is something that should be considered or need to be aware of. It is quite clear that Michael does have some form of mental disorder but not one that would prevent them going to Court for a committal with the end game of losing his home. At the moment would go for a suspended possession order before repossession looked at as don't want to see him evicted.

It was noted by all Agencies that Michael is very good at becoming compliant and slowing things down and changing his behaviours following receipt of official letters or Court Orders. Michael was fully accepting of the statements by Flagship Housing staff at the Court hearing in February and at the criminal case in January he agreed to be bound over. However, what he has done now is that he has started sending his vitriol straight through to the Flagship Housing main email instead of to individuals.

Going forward

Camilo stated that he and Karen tried to formally assess Michael on 30/03/2021 but failed. Any further assessment can only be done as an emergency under S136. The next interaction with Michael will be when he is in crisis and detained. Michael is clearly not going to tolerate any interaction with BNIDT at this time. Consideration of an assessment to be made at time of arrest and when Michael is in custody.

Alan felt that an Adult Attachment Interview may be beneficial for Michael and gave his reason for this. The Courts can arrange for someone of a high level to undertake this – beyond Alan's capabilities.

Camilo queried the legality of using cannabis in the home and Flagships view of this. Camilo gave explanation of the types of cannabis and what Michael is prescribed.

Agreed Plan

- Notes from meeting to be distributed.
- Nick and Pete will be preparing Affidavits in readiness for Court.
- BNIDT will discharge Michael from Services and further assessment will be completed if Michael is in crisis. Full details will be on Lorenzo and a copy of Camilo's discharge letter to be sent to Lee and Pete.
- Lee will have a think about this becoming a PACE matter so that if Michael goes to custody L&D get involved and could liaise directly with Karen. Malicious comms could be a possible route for this.
- Lee to look at threats to kill against Pete who will provide copies of emails to assist with this.