

Name:	BURDETTE-DEAKIN, Michael
NHS Number:	484-137-5007
Gender:	Male
DOB:	08 August 1960
Hospital No:	RMY218641

### Michael BURDETTE-DEAKIN: Care Plan

MHA status	Section 2
DOLS status	N/A
Care Plan start date	03-Jun-2021
Care Plan review date	Weekly
CPA or non-CPA	
My Care Co-ordinator / Lead Care Professional	Dr Michael - Consultant Gail Burch - Primary Nurse Miss Karen
Care Co-ordinator / Lead Care Professional Address	Consultant: Dr Michael Wedgwood House Southgate Ward Hardwick Lane Bury St Edmunds IP33 2QZ
Telephone Number	01284 719774
Out of Hours Contact Number	0808 1963494

**INPATIENT CARE PLAN FOR:**

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMY218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

<b>NHS Number:</b>	484-137-5007	<b>Named Nurse:</b>	Abigail Burch
<b>Date of Birth:</b>	08-08-1960	<b>Ward Consultant:</b>	Dr Michael
<b>Date of Review:</b>	28-05-2021	<b>Next Review Due:</b>	Weekly

**Reason for admission:**

"I am scared and terrified of being at home. The Housing Officer had lied that I am a paedophile. A guy appeared on the kitchen and I was scared".

<b><u>Areas for Support</u></b> <b><u>My View</u></b>	<b><u>Areas for Support</u></b> <b><u>The Care Teams View</u></b>
<p><b><u>Mental Health:</u></b></p> <p>"I am fine. Since being here, I am fine. Nobody can get to me. I cannot cope with the accusation of being paedophile".</p> <p>"I have PTSD, mental health issues from childhood and from being in the army"</p>	<p><b><u>Mental Health:</u></b></p> <p>Each shift you will be allocated to a staff member every shift. This person will be a point of contact for you for that shift and will aim to offer you 1:1 time to discuss your care, how you are feeling etc.</p> <p>You will have weekly meetings with the Psychiatrist where you can discuss your mental state, treatment and recovery. In the meantime, please do approach staff for any support or with any questions you may have.</p> <p>During your stay on Southgate Ward, you will be observed by staff as part of an on-going assessment of your current mental health needs. The frequency of these observations will be decided by considering your opinion, the level of risk you're presenting with and the perspective of the multi-disciplinary care team. These observations</p>

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMV218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

	<p>may change throughout your stay. If you have any questions about observations then please speak with any of the nursing team.</p> <p>You are currently being nursed on an intermittent level of observations. This means that a member of the nursing team will check on you 4 times each hour to ensure your needs are being met and that you are safe.</p>
<p><b><u>Psychological Needs:</u></b></p> <p>“I have seen a psychologist in the past when I was diagnosed with travel anxiety. I don't think seeing a psychologist will help. Once outside the housed, I can internalise my fears”.</p>	<p><b><u>Psychological Needs:</u></b></p> <p>Michael this will be discussed further with you in your review with Dr Michael and then if a decision is made that this would further benefit you a referral will be made to psychology on your behalf. We have a psychologist on the ward called Oliver Heath who will then come and visit you and assess your needs and agrees a programme with you and times to meet.</p> <p>.</p>
<p><b><u>Medication:</u></b></p> <p>Michael is presently prescribed: Atorvastatin 20mg at 22.00 hours Beclometasone 100mcg inhaler twice daily</p> <p>“I know the medication that I am on. I am happy with it. I appreciate you can't give me my cannabis . But it is legally and</p>	<p><b><u>Medication:</u></b></p> <p>Michael is in agreement with taking his medications as prescribed. Although he still would like to take his cannabis due to the pain he is experiencing at the moment.</p> <p>Staff to encourage concordance with medication which will be administered in line with NSFT policies and procedures and NMC guidelines. Staff will monitor you for effectiveness of your medications and any side affects you may be experiencing. Staff</p>

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMV218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

lawfully prescribed by a clinician”.

may use LUNSERS to assess the side effect in order to convey any concerns to the medical team immediately.

Michael to come up to clinic room and take medication at prescribed times

Michael to report any concerns around prescribed medications or side effects

Michael you may request information regarding your prescribed medications and staff will provide you with this.

Michael you are entitled to a 1:1 with ward pharmacist for further clarification of your medication should you require it and staff will assist you with this.

Michael your medication will be reviewed with you in weekly ward round where any changes will be discussed with you.

### **Physical Health:**

“From the abdomen and below, I have a lot of issues: Partial dislocation of L4/L5 disk. I have problem with T-spine and need an MRI scan to find out what the problem is. It is from an accident I had in 2016.

-I have nerve damage on the left hand-side.

- I have shoulder pain

- Something wrong with my a bone in a my right foot and hence I prefer to walk without shoes.

- I have arthritis in my fingers

- Minor hernia in the backside

### **Physical Health:**

Whilst an inpatient on Southgate Ward we will ensure your Physical Health is supported.

We will be taking your Physiological Observations on weekly basis and occasionally, bloods or ECG. We will also offer lifestyle advice for the following:

-Smoking Cessation.

-Sleep Hygiene

-Alcoholism

-Diet

-Physical Activity.

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMV218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

- High cholestoral
- pre-diabetic
- I have Familial Essential Tremor – Cannot write cursive
- I have many medical allergies”.

“I try to mobilise as much as I can but the pain makes it difficult”

### **Baseline Observations 28.05.2021**

Height: 1.75m

Weight 63kg

Body Mass Index: 26.6kg/m<sup>2</sup>

### **Day to Day Living Skills:**

“I am able to attend to attend to my personal hygiene needs. But termors in my hands stop me from using the oven as much as I would want. I therefore rely on ready made meals most of the time”.

### **Day to Day Living Skills:**

If you are struggling to manage household chores or are experiencing difficulties with activities of daily living, the Occupational Therapy team will be happy to meet with you to see how they can work with you to help you to develop these skills.

### **Ward-Based Activities:**

“I want to attend music and other creative activities”

### **Ward-Based Activities:**

The ward regularly have activities on the ward supported by the activitiy workers. The programme of activities will be displayed on the office window. If there is anything you would like to do outside of these times please speak to the staff and we will try our best to accommodate.

### **Where you Live:**

“I live in a bungalow, end of terrace in Beckrow just outside Mildenhall.”

“I was happy until about three years ago when the housing officer started making false allegations. I need to move back to Sussex. That is where my family is.

### **Where you Live:**

We will be happy to help you with any housing questions you have, please approach a member of the nursing team.

### **Family and Friends:**

“I moved up here twelve years ago. I have no family up here. I separated with my wife in 2010. I have children : Melissa (28), Zoe (26), David (18) and Eran (11yrs). The eldest lives in Sussex with their mothers and Eran lives in Suffolk and I get along with all of them”.

### **Family and Friends:**

Unfortunately with covid rules we are limiting visitors into the building. Currently only two constant people are allowed to visit you on the ward.

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMY218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

<p>"I have a parrot called Geordie, it is my service animal. I also have a cat called Jynx for company at night"</p>	
<p><b><u>Managing your Money:</u></b></p> <p>"I am OK with my finances. I am on ESA and PIP."</p> <p>"My car is on hire purchase and I pay £115 every fortnight"</p> <p>"I also got £76k in 2004 for compensation for being involved in a car accident. I now have £17k left in my bank account".</p>	<p><b><u>Managing your Money:</u></b></p> <p>You do not have any issues in this regard.</p>
<p><b><u>Employment /Education:</u></b></p> <p>"I am not employed as I am disabled. I was last self-employed as an owner taxi driver in year 2000".</p> <p>I have four degrees "Civil Engineering and fabrication, ICT and Electronic fabrication from Open University".</p>	<p><b><u>Employment /Education:</u></b></p> <p>If you have any questions or concerns please speak to a member of the team and we will assist you.</p>
<p><b><u>Religious/Cultural/Spiritual</u></b></p> <p>"I am spiritual. I am druid".</p>	<p><b><u>Religious/Cultural/Spiritual</u></b></p> <p>Sam is the Chaplain that supports Southgate Ward, if you would like to speak to him please do let a member of the team know.</p>
<p><b><u>Communication:</u></b></p> <p>"No issues. My first language is English. I can also speak Germany language"</p>	<p><b><u>Communication / Language:</u></b></p> <p>You do not need any support in this regard.</p>
<p><b><u>accompaniesKeeping Safe:</u></b></p> <p>"I am scared of people because of falsehoods that I am a paedophile"</p> <p>"I am not a risk to others".</p> <p>"I am not comfortable going on leave on my own unless a member of staff me".</p>	<p><b><u>What we feel is risky for you right now:</u></b></p> <p>We have identified that you may be at an increased risk in relation to the following areas:</p>
<p><b><u>Mental Health Act Issues / Documentation:</u></b></p>	<p><b><u>Mental Health Act Issues / Documentation:</u></b></p>

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMY218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

"I am detained under section of 2 of the Mental Health Act. I have, however, appealed against the section mainly because I was assessed when I had concussion. I had banged my head accidentally walked into the door and sustained a cut on my forehead. I therefore think the assessment was flawed. I was also denied my pain medication for a while".

"I have no problem being in here because I feel safe. I just do not want to be on Section because of the mentioned reasons".

You are currently detained to Southgate Ward under Section 2 of the Mental Health Act. This section lasts up to 28 days, which allows the ward staff to assess your mental health needs. You have the right to appeal your section and have access to a solicitor. This information has been provided to you in greater detail in person; but if you would like any clarification then feel free to ask any of the nursing staff.

You have indicated that you want to appeal against your Section. You will be advised of the Mental Health Tribunal Review date once it is scheduled.

Your Primary Nurse Gail has completed the request to appeal your section paperwork and notified the MHA office.

**Advocacy:**

"Yes I would like an advocate. I have taken a photo of the number on my phone and will try to call them Tuesday".

**How we can help you contact an Advocate:**

If you would like an advocate please let a member of staff know and we would be happy to help you.  
Michael will contact Voice ability on Tuesday directly.

**Leave from Hospital:**

"I do not have any leave as yet"

**Leave from Hospital:**

You are currently do not have any leave. The multidisciplinary team will consider issuing you with Section 17 in due course. Leave policy changes frequently due to national COVID restrictions. We will ensure you are kept up to date as and when we are aware.

**multidisciplinaryDischarge Planning:**

"I would like to move back to Sussex"

**How can we help you to prepare for leaving hospital:**

We will discuss this with you in the weekly Ward Reviews with the team.

**Contingency/Crisis Planning**

Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMY218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

**What is helpful for you specifically? Nothing**

"Not having the housing officer accusing me of things I have not done".

**How do you know when things aren't going well? I want to break things**

"Happy, relaxed, comfortable and talkative"

**How will others know when things aren't going well? I start slamming/banging stuff**

"I become withdrawn and act like a 5-year old".

**What has worked well in the past?**

Nothing

**Useful Numbers:**

**Ward Contact Number:** 01284 719785

**First Response:** 0808 196 3494

**Samaritans – 116 123**

**Crisis (text line) - 85258**

**What matters to you and what is important?****My service companion and cat.****Other:****Summary Action Plan:**

03.06.2021 Management Plan:

- Discharge from Southgate ward into the care of Bury North IDT – care-co made aware.
- 72 hrs follow up with HTT – made aware.
- Phone number and home address checked and correct.
- Michael will contact ward 04.06.2021 regarding getting keys from the safe.
- Given FRS phone number and explained their role should he need them.



Cont/d...

Name:	BURDETTE-DEAKIN, Michael	Hospital No:	RMY218641	NHS No:	484-137-5007
-------	--------------------------	--------------	-----------	---------	--------------

- Had capacity to take part in MDT meeting and agreed to plan

Admission Plan

Senior review ASAP

To be nursed on intermittent observations

Updated by:		Patient:	<b>Michael Burdette-Deakin</b>
Sign:	Gail Burch	Sign:	Signed the printed copy placed in scanning.
Date:	<b>30.05.2021</b>	Date:	<b>30/05/2021</b>